

PHYSIOTHERAPY

Physiotherapy is a very varied and interesting career. Students require “A” levels to enrol on a course of study at university. The course includes anatomy, physiology, psychology and physics. On qualifying they are known as Chartered Physiotherapists. Physiotherapists work in hospitals, special schools, health centres, sports clinics and private practices.

Physiotherapy is based on how the body works and physiotherapists use this knowledge to treat injury and disease. They treat many different groups of people - from newborn babies, to Olympic athletes, to frail and elderly people. Many different treatment techniques are used. Some of these include massage, exercise, heat treatment, treatment in water (hydrotherapy) and relaxation techniques.

A very important part of a physiotherapist’s job is to give advice on the prevention of injury. Physiotherapists therefore not only treat the condition but give patients advice on preventing the problem from happening again. Many people treated by physiotherapists have long term crippling diseases such as cerebral palsy, multiple sclerosis, Parkinson’s disease and spina bifida. Physiotherapists help these people to cope with their handicaps by adopting positions and practising exercises that will help them remain mobile and healthy for as long as possible.

Physiotherapy can be physically very hard work but it is also very rewarding. No matter what the age or condition of a patient, a Chartered Physiotherapist will be able to help.

- 25 What qualifications do students need to be accepted for the course ? _____
- 26 On qualifying, what are students known as ? _____
- 27 Which word means to give treatment in water? _____

Choose the **best word** or **phrase** each time. Underline your answer.

- 28 An important part of the job is to give _____ techniques injury advice health
- 29 Physiotherapy is based on _____ the heart hydrotherapy
treatment how the body works
- 30 Physiotherapy can be _____ handicapping hard and stressful
wet and cold hard work and rewarding

Find words in the article with **similar** meanings to each of the following.

- 31 register, enlist _____ 32 weak _____
- 33 avoidance _____ 34 able to move _____